



St. Augustine's  
Catholic Primary School

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Headteacher: Mrs Emma Berry



Friday 18<sup>th</sup> June 2021

Dear Parents/Guardians,

As part of National School Sports Week starting from Monday 21<sup>st</sup> June - Friday 25<sup>th</sup> June, St. Augustine's will be taking part in 'Move It Week', an initiative devised by Dorset School Games. 'Move It Week' is a celebration of sport and physical activity. Working in partnership with local organisations and National Governing Bodies of Sport, Dorset School Games County Alliance have inclusive daily physical activities, personal challenges, and competitions for children to enjoy throughout the week. All of this can be accessed through this website address.

<https://www.activedorset.org/move-it-week-resources>

The Dorset School Games aims to deliver positive experiences for young people by providing a broad range of activities that are fun and created specifically for young people. The School Games' values of passion, self-belief, respect, honesty, determination, and teamwork supports young people to develop their social skills, communication, and respect for others while developing a lifelong love for physical activity. Being active for at least 60 minutes a day supports young people to have immediate and long-term health benefits.

Your child's Class Teacher will explain and introduce 'Move it Week' to your child and show them the website as stated above. The Class Teachers will be sending out copies of the 'Move It Week' activity passport for KS1 and KS2 children to complete at home. There are 30 fun activities for children to complete (including some skipping challenges with "DTSM" - Dan the Skipping man) with their friends and family members. We ask that completed passports be returned to the school office by Friday 9<sup>th</sup> July 2021 for a chance to win a Dorset School Games prize.

In addition to this, during Sports Week at school, we will be running a special PE lesson for your child's class. Every activity that your child completes gains the class points. All the points will be recorded and added with the other classes. The grand total of points will be submitted to the Dorset School Games website so that we can see how well we have competed compared to other schools within Dorset.

Please take this opportunity to join in with as many activities that you can at home and ensure you log your results in your activity passport. We look forward to seeing many completed activity passports- good luck!

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Eby', with a stylized flourish underneath.

Emma Berry  
Headteacher