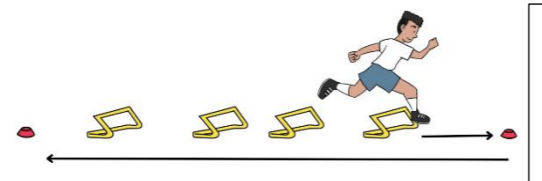
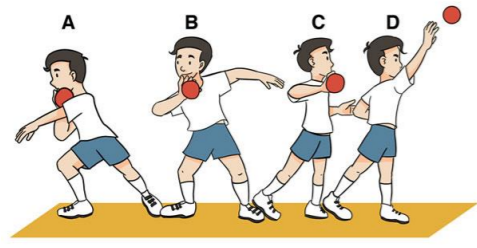


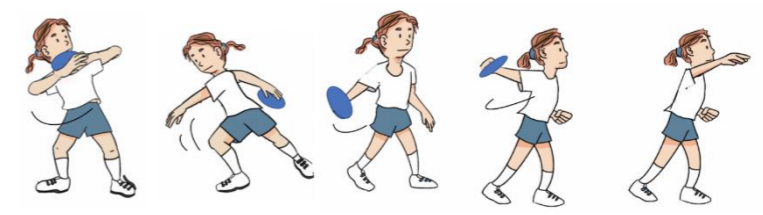
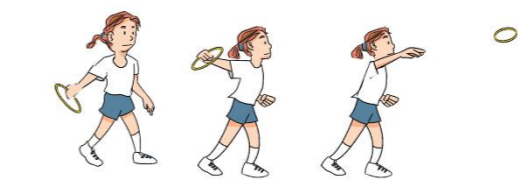
Year 6-Athletics-
Autumn 1

Consistent

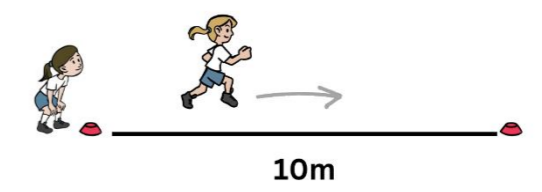


Down sweep

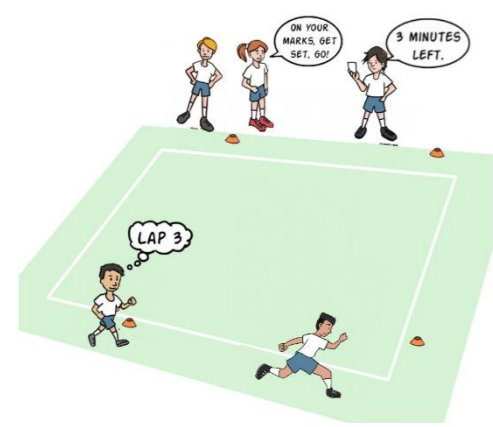
Upsweep



Bounding



Communicating



Momentum

