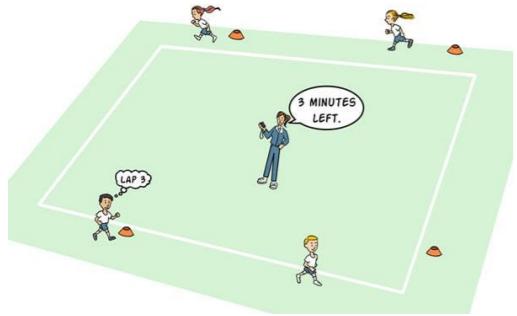


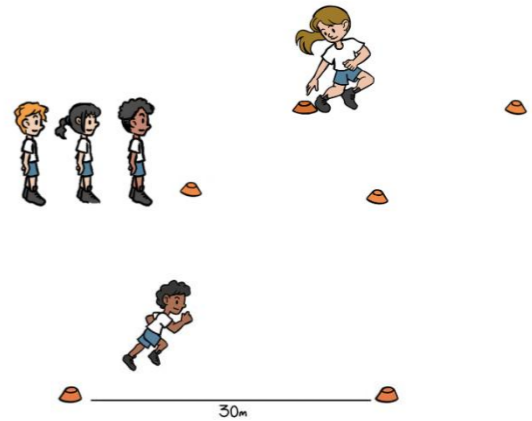
Year 4-Fitness-
Autumn 1

Stamina

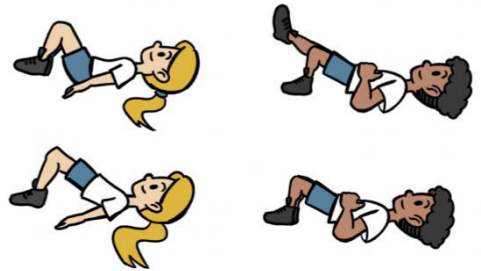


Continuous

Agility



Technique



Personal



Co-ordination

